

| | |
|----------------------------------|----------------|
| Academic Year: | 2020-21 |
| Total Funding Allocation: | Approx £18,840 |
| Actual Funding Spent: | |

PE and Sport Premium Action Plan

| Indicator 1: The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles | | | |
|---|---|----------------------------------|--|
| Objective | Key Actions | Allocated funding | Anticipated outcomes |
| <p>To continue to monitor and expand games and activity at lunchtime.</p> <p>In light of current climate with COVID-19: To focus on games which children can socially distance and avoid equipment.</p> | <ul style="list-style-type: none"> Appraisal target for the MDSAs to work towards. Monitor games being played on the playground at regular intervals half termly. Play Buddies. Children in Year 1 and 2 participated in training with our Active Luton support. Children will support MDSAs to play games on the playground. Provide further resources with game ideas which can be shared between MDSAs in the year group to ensure a variety of activities. Particularly thinking about games in which children can socially distance. | TBC | <p>Children will be more active at lunchtime and therefore will have less behavioural issues and accidents at this time.</p> <p>Children will play games while socially distancing.</p> |
| To target children at risk of obesity. | <ul style="list-style-type: none"> Discuss children with class teachers and family worker team to identify children who may be at risk of obesity. Target those children to attend a Change for Life lunchtime sports and well-being club. (if COVID guidance allows) Develop more active lessons throughout the | Part of the Active Luton package | Children who are at risk of becoming obese in the future will develop a knowledge and understanding of exercise and how it makes their body feel. They will also hopefully develop an interest in sport and exercise. They will also develop an understanding of food choices. |

| | | | |
|--|--|---|--|
| | <p>curriculum.</p> <ul style="list-style-type: none"> • Liaise with Active Luton representative on how to tackle this issue. | | |
| <p><i>This has always been a high priority of our school, however in light of COVID-19 after school clubs have been suspended in the Autumn Term to avoid mixing bubbles. This remains a high priority and will be reviewed termly.</i></p> <p>To maintain a high number of sports after school clubs ensuring there is a minimum of 3 per week. To target girls to attend sports clubs after school. To engage less active children within sports after school clubs.</p> | <ul style="list-style-type: none"> • To make participation of after school clubs affordable for all by subsidising each club. • To provide clubs of interest to girls and encourage more girls to take part in sports clubs. • To target less active children to encourage them to take part in healthy activity. • To subsidise clubs for PPF children to ensure they have access to opportunities. | <p>Approx.</p> <p>Spr = £300 Su = £300 Staffing = £600 Total: £2250</p> | <p>Children benefit from activities after school socially, academically, physically and it improves behaviour. Also children that experience different sports during after school clubs are more likely to develop an interest in a sport in which they could chose to pursue in the future.</p> |

Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

| Objective | Key Actions | Allocated funding | Anticipated outcomes |
|---|--|--------------------------|--|
| <p><i>This has always been a high priority of our school however in light of COVID-19 and limiting the number of people In school these events will be subject to the current situation.</i></p> <p>To engage parents in a health and well-being event within school to share the messages about children's health.</p> | <ul style="list-style-type: none"> • To invite A-life health and well-being workshop in to work with parents and children on a healthy workshop for Yr R and Yr 1 and fitness session for Yr 2. Each class in Yr R and Yr 1 will have a 60 minute Healthy session and children in Yr 2 will have a Fitness session for 30 minutes. • Teachers will also be encouraged to include bursts of physical activity each day. • Provide parents with a Healthy Newsletter with ideas about physical and mental health. | <p>£TBC</p> | <p>Children and parents will have a greater understanding of a healthy lifestyle. Targeting the parents will hopefully change their habits which will benefit the children. Children will also have experience of a targeted fitness session which will hopefully help to develop children's interest in activity.</p> |

| | | | |
|--|---|--|--|
| To engage with agencies within Luton Borough Council to promote a healthy lifestyle with parents and children. | <ul style="list-style-type: none"> To host healthy lifestyle assemblies for parents and children. To provide Change for Life sessions for parents and children to learn about healthy choices, portion size and sugary drinks amongst other topics. Due to COVID-19 we could look at online information that the parents can access. | Assemblies and workshops are free of charge. | Children and parents will have a greater awareness of what is in their food and healthier choices they could make. By presenting the parents with information about what is in their food it allows them to make more informed choices. |
| To continue to promote 30 additional minutes of physical activity every day. | <ul style="list-style-type: none"> Children to complete 5 minutes of active counting at the end of playtime and lunchtime before returning to class. Teachers will plan active activities within their lessons e.g. words around the room in Phonics and role-play in English. Following COVID guidelines children will complete behind the chair activities until guidelines allow for more free movement around the classroom. | No charge | <ul style="list-style-type: none"> Children will be more active throughout the school day. Children will have an understanding of how their bodies feel when they are physically active. Children will develop an enjoyment in being active on the playground. Children will be more engaged in their learning through the active nature of the lessons. |
| To develop physical and mental well-being. | <ul style="list-style-type: none"> To look into mindfulness and well-being activities/schemes of work which may support children in their physical and mental well-being. | TBC | <ul style="list-style-type: none"> In light of the current pandemic children need to develop strategies and tools to help them manage thoughts and emotions. |

Indicator 3: Increased confidence, knowledge and skills of all staff in teaching Physical Education and sport

| Objective | Key Actions | Allocated funding | Anticipated outcomes |
|--|--|-------------------|---|
| To provide CPD and quality Team Teach opportunities for new staff. | <ul style="list-style-type: none"> To develop club links which will work alongside teachers to provide skilled Team Teach opportunities and training if COVID guidelines allow. Team Teach opportunities for newly qualified teachers from Active Luton if COVID guidelines allow. | TBC | Teachers will have targeted support in areas of less confidence to develop teaching and learning in PE. |

| Indicator 4: Broader experience of a range of sports and activities offered to all pupils | | | |
|--|--|---|--|
| Objective | Key Actions | Allocated funding | Anticipated outcomes |
| To further develop club links This is subject to COVID-19 guidelines | Vauxhall Tennis Club for Yr 1 Spring Term Luton Town Football Club for Yr 2 Summer Term. | TBC Tennis 2.5 hours x 5 = 12.5 hours x £25 = £312.50 | Developing club links allows qualified and professional coaches to work with the children to develop key skills and interest. They will also provide specific and well planned opportunities to Team Teach. |
| Indicator 5: Increased participation in competitive sport | | | |
| Objective | Key Actions | Allocated funding | Anticipated outcomes |
| To provide opportunities for intra school competitions. (Children competing within school) | To provide opportunities for children to experience competition against their peers and classes. Spring Term - William Austin Marathon Summer Term - William Austin Olympics - Sports Day | £0 Equipment within school | Children become more aware of what it means to compete against others to gain points and try their best. They will also develop an understanding and possible interest in national events. |