

Academic Year:	2022-2023
Total Funding Allocation:	£18,690.00
Actual Funding Spent:	

PE and Sport Premium Action Plan

Indicator 1: The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles			
Objective	Key Actions	Allocated funding	Anticipated outcomes
To continue to monitor and expand games and activity at playtime and lunchtime.	<ul style="list-style-type: none"> • Appraisal target for the MDSAs to work towards. • Monitor games being played on the playground at regular intervals half termly. • Play Buddies. Children will support MDSAs to play games on the playground. • Provide further resources with game ideas which can be shared between MDSAs in the year group to ensure a variety of activities. 	Supported by some resources within school. £200	Children will be more active at lunchtime and therefore will have less behavioural issues and accidents at this time. Children will play a range of new games.
To target children at risk of obesity.	<ul style="list-style-type: none"> • Discuss children with class teachers and family worker to identify children who may be at risk of obesity. • Target those children to attend a change for Life lunchtime sports and well-being club. • Develop more active lessons throughout the curriculum. 	Within school	Children who are at risk of becoming obese in the future will develop a knowledge and understanding of exercise and how it makes their body feel. They will also hopefully develop an interest in sport and exercise. They will also develop an understanding of food choices.
To maintain a high number of sports after school clubs ensuring there is a minimum of 3 per week.	<ul style="list-style-type: none"> • To make participation of after school clubs affordable for all by subsidising each club. 	Autumn 2022 Staffing = £1000 + £432 Resources	Children benefit from activities after school socially, academically, physically and it improves behaviour. Also children that

<p>To ensure our club offer is broad and offers a range of different clubs to interest all our children. Target focus children to attend clubs: To target girls to attend sports clubs after school. To engage less active children within sports after school clubs. To target and engage PPF children to attend sports clubs after school.</p>	<ul style="list-style-type: none"> To provide clubs of interest to girls and encourage more girls to take part in sports clubs. To target less active children to encourage them to take part in healthy activity. To subsidise clubs for PPF children to ensure they have access to opportunities. 	<p>X 4 Sports clubs Spring 2023 Staffing = £1000 + £530 resources X 5 sports clubs Summer 2023 Staffing = £1000 + £530 resources X 4 sports clubs</p>	<p>experience different sports during after school clubs are more likely to develop an interest in a sport in which they could choose to pursue in the future. Encouraging girls in particular to become engaged in sports with the aim of continuing this sport in the future. And opportunities for PPF children to be involved in sports.</p>
<p>To provide opportunities for children to engage in physical activity workshops from an external provider.</p>	<ul style="list-style-type: none"> To develop an interest in dance, movement and drama as well as learning about another culture or style. To create cross curricular links with physical activity and a range of subjects like PSHE or RE. 	<p>£560</p>	<p>Children will explore dance from another culture and spend time being physically active.</p>
<p>To discuss and plan for further outdoor provision to continue to promote a healthy active lifestyle for all our children while developing their learning of the world around us. To engage in outdoor learning opportunities and making links outside in the environment.</p>	<ul style="list-style-type: none"> To plan further playground equipment and activities to use in the Year 1 and Year 2 playgrounds which will promote children to be more physically active in their learning. This will promote a greater understanding due to the ability to be active while learning and playing in the outdoors environment. Promoting learning beyond the classroom. 	<p>£11,000</p>	<p>Children will have more engaging equipment in the KS1 playgrounds / outdoor areas which will develop their ability to be more active and learn from kinaesthetic activities.</p>
<p>The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles The profile of PE and sport being raised across the school as a tool for whole school improvement.</p>	<ul style="list-style-type: none"> Upgrade the PE equipment for the children to use during PE, Gymnastics and Games lessons. Invest in new foldable benches which are more durable and easy to store. More games resources – balls, hurdles and skittles. Speaker for use in the Year 2 playground during lessons and end of playtimes and lunchtimes. 	<p>£1400</p>	<p>Investing in more PE equipment will ensure teachers will provide the full PE curriculum safely. Children will use better equipment in PE lessons. This will improve children’s balancing skills, gymnastics and games skills.</p>

			Speaker will be used to promote physical activity with the whole year group at the end of playtimes and lunchtimes. Children to use the upgraded PE equipment in future years.
Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement			
Objective	Key Actions	Allocated funding	Anticipated outcomes
To engage parents in a health and wellbeing event within school to share the messages about children's health.	<ul style="list-style-type: none"> Teachers will be encouraged to include bursts of physical activity each day. Provide parents with a Healthy Newsletter with ideas about physical and mental health. Promote this via newsletters and school website. 	Within school	Children and parents will have a greater understanding of a healthy lifestyle. Targeting the parents will hopefully change their habits which will benefit the children. Children will also have experience of a targeted fitness session which will hopefully help to develop children's interest in activity.
To engage with agencies within Luton Borough Council to promote a healthy lifestyle with parents and children.	<ul style="list-style-type: none"> To host healthy lifestyle assemblies for parents and children. To provide Change for life sessions for parents and children to learn about healthy choices, portion size and sugary drinks amongst other topics. 	Assemblies and workshops are free of charge.	Children and parents will have a greater awareness of what is in their food and healthier choices they could make. By presenting the parents with information about what is in their food allows them to make more informed choices.
To continue to promote 30 additional minutes of physical activity every day.	<ul style="list-style-type: none"> Children to complete 5 minutes of active counting at the end of playtime and lunchtime before returning to class. Teachers will plan active activities within their lessons e.g words around the room in Phonics and role-play in English. 	Supported mainly by resources in school. £250	<ul style="list-style-type: none"> Children will be more active throughout the school day. Children will have an understanding of how their bodies feel when they are physically active. Children will develop an enjoyment in being active on the playground. Children will be more engaged in their learning through the active nature of the lessons.

To develop further physical and mental health and well-being.	<ul style="list-style-type: none"> To look into mindfulness and well-being activities/ schemes of work which may support children in the physical and mental well-being. 	£500	<ul style="list-style-type: none"> Children need to develop strategies and tools to help them manage thoughts, feelings and emotions.
Indicator 3: Increased confidence, knowledge and skills of all staff in teaching Physical Education and sport			
Objective	Key Actions	Allocated funding	Anticipated outcomes
To provide CPD and quality Team Teach opportunities for new staff.	<ul style="list-style-type: none"> To develop club links which will work alongside teachers to provide skilled Team teach opportunities and training. Team Teach opportunities for new staff. 	TBC	Teachers will have targeted support in areas of less confidence to develop teaching and learning in PE.
Indicator 4: Broader experience of a range of sports and activities offered to all pupils			
Objective	Key Actions	Allocated funding	Anticipated outcomes
To further develop club links with outside agencies – Luton Town football Club.	Luton Town Football Club for Yr2 Summer term.	TBC	Developing club links allows qualified and professional coaches to work with the children to develop key skills and interest. They will also provide specific and well planned opportunities to team teach.
Indicator 5: Increased participation in competitive sport			
Objective	Key Actions	Allocated funding	Anticipated outcomes
To provide opportunities for intra school competitions and festivals. (Children competing within school) and inter school competitions/ festivals (outside of school).	<p>To provide opportunities for children to experience competition against their peers and classes.</p> <p>Autumn term 2022 - William Austin Infants World Cup Football</p> <p>Summer term 2023 - William Austin Infants - Sports day</p> <p>To provide opportunities for children to experience competition against their peers and also with other schools. To provide transport to and from competitions.</p>	<p>£140 – prizes and rewards Equipment within school</p> <p>Minibus costs</p>	<p>Children become more aware of what it means to compete against others to gain points and try their best. They will also develop an understanding and possible interest in national events.</p> <p>Competitive team sports with children from other Luton schools.</p> <p>Team work, cooperation and social interaction and mixing with children from other local schools.</p>

	<p>Active Luton run a range of inter school competitions for children to engage with and compete with other schools.</p> <p>To visit Luton Sports Village Inspire to take part in competitions with other schools. Sportability Sports Festival, Football festival, Cricket, Tennis and a range of other festivals.</p>	<p>£90 per competition x 3 or 4 visits outside of school</p>	
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PE and Sport Premium Impact Review

Indicator 1: The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles				
Key Actions taken	Actual Outcomes	Actual Cost	Impact (school, staff, pupils) with Evidence	Sustainability/next steps
<p>To continue to monitor and expand games and activity at Playtime and lunchtime.</p>	<p>We created equipment activity boxes for each class in the school which the children could use and share.</p>	<p>£400</p>	<ul style="list-style-type: none"> - Children were more active. - Children developed fundamental skills such as hoola hooping, cup and ball aim and target throwing. - Children started to develop their own games using the equipment they were provided with. 	<ul style="list-style-type: none"> - Each class has their own box. - Each year groups box were differentiated so as the children move through the school they will develop further skills.
<p>To target children at risk of obesity.</p>	<ul style="list-style-type: none"> - We were able to target these in the playground at playtime and lunchtime with the class equipment. - 30 Active Minutes per day was provided throughout the day. 	<p>£0</p>	<p>See impact from above for playground equipment.</p> <ul style="list-style-type: none"> - A wide range of children engaged with the active challenges on the playground and classroom. Children were encouraged to take part in activities during curriculum subjects to engage in activity and provide the 30 additional minutes of physical activity per day. 	<ul style="list-style-type: none"> - We will continue to set active challenges in the classroom to be more physically active.

<p>To maintain a high number of sports after school clubs ensuring there is a minimum of 3 per week. To target girls to attend sports clubs after school.</p> <p>To engage less active children within sports after school clubs.</p> <p>To target and engage PPF children to attend sports clubs after school.</p>	<p>After school clubs were reinstated from January 2022. Children's attendance, participation, interest and enjoyment in after school clubs.</p> <p>Promoted physical activity. These were affordable for all families as we subsidised each club.</p>	<p>Spring 2022 Staffing £1000 + £530 resources</p> <p>Summer 2022 Staffing £1000 + £530 resources</p>	<p>Following the covid restrictions and bubbles the previous year after school clubs were reinstated in Spring 2022 and Summer 2022 and children accessed the after school clubs.</p> <p>More children took a keen interest in sport and activity.</p> <p>The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles post covid.</p>	<p>Clubs are subsidised to make clubs more affordable for families.</p>
<p><i>To provide opportunities for children to engage in physical activity workshops.</i></p> <p>Provide a range of active workshops linking to other aspects of the curriculum creating cross curricular links.</p>	<p>The children participated in a Dance workshop. Promoted physical activity and enjoyment.</p> <ul style="list-style-type: none"> • Cross curricular links. 	<p>£560</p>	<p>The children and adults were actively involved with the workshop which has sparked additional interest in dance and physical activity.</p> <p>Dance workshop provided an opportunity for physical activity, improve mental health and wellbeing as well as fun and enjoyment.</p>	<p>The key messages have been passed to the children and the enjoyment of the dance workshop in particular has triggered interest in similar activities.</p> <p>We will continue to provide a range of active workshops to develop children's learning through physical activity.</p>
<p><i>To discuss and plan for further outdoor provision to continue to promote a healthy active lifestyle for all our children while developing their learning of the world around us.</i></p> <p>The outside area has new equipment and an outdoor classroom which the children are able to use to develop their core</p>	<ul style="list-style-type: none"> • There is new equipment and an outdoor classroom in the Year 1 playground which children have access to throughout the week. 	<p>£9599</p>	<p>The playground equipment is aimed at developing core skills and strength as well as agility and stamina.</p> <p>The outdoor classroom is promoting learning outdoors and further cross curricular links outdoors can be made.</p>	<p>The playground equipment and outdoor classroom will last for several years and will provide physical activity and outdoor learning opportunities to many children as they move through the school.</p>

strength, agility and physical strength and stamina. Also this has encouraged outdoor learning.				
Indicator 1 The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyle	<ul style="list-style-type: none"> Developed the play and activity equipment on the Year 2 playground. 	£568	The play equipment will provide children with the opportunity to develop their fundamental skills at playtime and lunchtime and promote physical activity.	This play equipment will benefit children for years to come and serve the future children who attend our school.
Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement				
Key Actions taken	Actual Outcomes	Actual Cost	Impact (school, staff, pupils) with Evidence	Sustainability/next steps
To engage parents in a health and wellbeing event within school to share the messages about children's health. To promote dental hygiene with our children and parents.	We worked towards the Healthy Smiles Plus award during the previous year in which we provided information and activities for children and families to work towards healthier oral hygiene. Parents completed a Dental survey to assess the level of dental care in our school. If families were not attending regular dentist appointments they were signposted to access this service. This will be promoted further in 2022/23.	£0	Children were provided with oral hygiene equipment to take home and use including toothpaste and a toothbrush. The parents were provided with information to encourage children to engage in better oral hygiene and signposted to places which can help children access check-ups and oral health work if it is needed.	We have a very good working relationship with the Community Dental Team who we work closely with to provide oral health checks and advice for parents if it is needed. Ongoing.
To continue to promote 30 additional minutes of physical activity every day.	A plan for 30 minutes of additional physical activity across the day was shared with teachers and implemented.		Used curriculum subjects, Maths, English role play time to engage in activities and provide the 30 additional minutes of physical activity per day. This proved very beneficial to the children's activity levels, behaviour and concentration.	This is an ongoing plan, which will continue to do to promote physical activity during classroom time too.

To develop physical and mental, health and emotional well-being.	We have promoted this via Mental Health Awareness day and Mental and Health Well-being week. And through our Values Education and Yoga lessons.	Resources £500	Implemented mindfulness, reflection time and well-being activities through our curriculum which have supported children with their physical and mental well-being.	To discuss with outside agencies how this can be facilitated even further.
Indicator 3: Increased confidence, knowledge and skills of all staff in teaching Physical Education and sport				
Key Actions taken	Actual Outcomes	Actual Cost	Impact (school, staff, pupils) with Evidence	Sustainability/next steps
To provide CPD and quality Team Teach opportunities for new staff.	Coaching in house to support teachers.		Teachers have targeted support in areas of less confidence to develop teaching and learning in PE.	Develop coaching further to support staff. Also new staff who join us.
Indicator 4: Broader experience of a range of sports and activities offered to all pupils				
Key Actions taken	Actual Outcomes	Actual Cost	Impact (school, staff, pupils) with Evidence	Sustainability/next steps
To further develop club links	Luton Town Football Club for Yr2 Summer term. Both were unable to go ahead due to some COVID restrictions.		We were unable to work with Luton Town Football club this year but we tried to share some of the skills which had been learnt during previous sessions with the children.	We have built strong links with outside clubs sports facilities which will resume. Links again with Luton Town Football Club in 2023.
Indicator 5: Increased participation in competitive sport				
Key Actions taken	Actual Outcomes	Actual Cost	Impact (school, staff, pupils) with Evidence	Sustainability/next steps
To provide opportunities for intra school competitions. (Children competing within school)	We were able to provide intra school competitions and a Sports afternoon during the Summer term 2022. Children competed in Sports style activities and scores were collated across the classes.	£100 Drinks and ice-lollies for the children for their Sports afternoon.	Children had the opportunity to engage in competitive sport activities in school and experienced and understood the process of winning and losing and how to manage these experiences. Sports afternoon was reinstated post covid. We had an overwhelming turnout of parents who attended the Sports activities in July 2022.	We hope to provide further intra and inter school sports competitions during the coming 2022- 23 academic year.

