

Home Isolation Activities

| <u>English</u> | <u>Maths</u> | <u>Science</u> | <u>Well being</u> | <u>Creative</u> |
|---|--|--|--|--|
| Read a book from home or Bug Club/ Oxford Owl. | How many jumps/hops/squats can you do in 30 seconds? | Choose 5 objects. With a grown-up carry out a test to see if the objects float or sink. Can you make a prediction beforehand? | Roll up socks and try and shoot them into a laundry basket. What was your score? | Can you design a bookmark to use in a story book that you are reading? |
| Make a reading den and read a story to your favourite toy. | Can you use objects in your home to make repeating patterns? | Carry out an investigation around your home. Can you sort magnetic/non-magnetic objects? | Play a board game and practise taking turns. | Make something out of junk modelling. |
| Write a five sentence story. Add description to make it interesting. Once upon a time One day First Next Finally | Choose an object. Can you find objects longer than or shorter than your object? Challenge - if you have a ruler or measuring tape measure them and put them in order from the longest to the shortest. | Sort objects in your house by their material. Can you describe their properties using scientific vocabulary? | Use Cosmic Yoga on YouTube and practise some mindful movements. | Can you make a musical instrument? |
| Make a list of nouns in your home. | Go on a 3D shape hunt. Describe the 3D shape properties. | Make an aeroplane out of paper, paper towel and card. Which flies the furthest? | Memory game - Pick a tray of objects. Remove one and ask someone in your home to guess which one is missing! | Make your own garden out of things in your own garden. |
| Find rhyming objects in your home. e.g Clock-sock | Compare 2 numbers using the < > = symbols. | Draw a picture of yourself and label your body parts. | Look for a Joe Wicks workout on YouTube. Join in! | Colour in a picture. |
| Take a toy around your home and write a recount of what you did. | Choose two numbers and add them together. Use the 100 square from your number book to help. Start with single digits and extend to 2 two digit numbers. | Place a toy car on different surfaces (wood, carpet, grass, concrete pavement). On which surface does the car travel the furthest? | Listen to relaxing music. | Draw round your hand to make different animals. |
| Make a snack and write the instructions down for someone else. | Go on a 2D shape hunt. What shapes can you find? Can you describe them? | Create a weather chart for the week. | Search Supermovers on Google and join in with the video. | Put on some music and dance! |
| Wear your favourite outfit or costume. Ask a grown-up to close their eyes and describe what you are wearing. | Counting songs - Search on YouTube for number songs to 100. You might even find some pattern songs of 2, 5 and 10. | Make toast with a grown-up. Describe the changes to the bread and butter. | Have a tea party with someone in your home. | What can you make out of playdough? |
| Play Simon says with a grown up. | Hide and find numbers in the house. What do you know about the numbers you have found? Are they even or odd? 1 less than- 10 more than- | Stand in your garden or open a window. What sounds can you hear? | Find something to bake together with a grown-up. | Create a door sign for your bedroom. |
| Hide some letters around the room, what words can you make? Repeat the activity with tricky words or your spellings. | Make a giant number line or a number line out of different objects. Challenge - Can you make a number track in patterns of 2, 5, 10? | Sort healthy and unhealthy food. | Role play how to look after a poorly teddy. | Use objects in your home to make a picture. |
| Write a character description about your favourite character. | Role-play a shop. Can you be the shop keeper? | What sounds can you make using different body parts? | Draw a picture of a friend or family member. Write or say what makes them special. | Sing your favourite song. |

Home Isolation Activities