

## Home Isolation Activities Year 1

<u>English</u>	<u>Maths</u>	<u>Science</u>	<u>Activity and Well-Being</u>	<u>Creative</u>
Read a book from home or Bug Club/ Oxford Owl.	How many jumps/hops/squats can you do in 30 seconds?	Choose 5 objects. With a grown-up carry out a test to see if the objects float or sink. Can you make a prediction beforehand?	Roll up socks and try and shoot them into a laundry basket. What was your score?	Can you design a bookmark to use in a story book that you are reading?
Make a reading den and read a story to your favourite toy.	Can you use objects in your home to make repeating patterns?	Carry out an investigation around your home. Can you sort magnetic/ non-magnetic objects?	Play a board game and practise taking turns.	Make something out of junk modelling.
Write a five sentence story. Add description to make it interesting. Once upon a time One day First Next Finally	Choose an object. Can you find objects longer than or shorter than your object? Challenge - if you have a ruler or measuring tape measure them and put them in order from the longest to the shortest.	Sort objects in your house by their material. Can you describe their properties using scientific vocabulary?	Use Cosmic Yoga on YouTube and practise some mindful movements.	Can you make a musical instrument?
Make a list of nouns in your home.	Go on a 3D shape hunt. Describe the 3D shape properties.	Make an aeroplane out of paper, paper towel and card. Which flies the furthest?	Memory game - Pick a tray of objects. Remove one and ask someone in your home to guess which one is missing!	Make your own garden out of things in your garden.
Find rhyming objects in your home. e.g. Clock-sock	Compare 2 numbers using the < > = symbols.	Draw a picture of yourself and label your body parts.	Look for a Joe Wicks workout on YouTube. Join in!	Colour in a picture.
Take a toy around your home and write a recount of what you did.	Choose two numbers and add them together. Use the 100 square from your number book to help. Start with single digits and extend to 2 two digit numbers.	Place a toy car on different surfaces (wood, carpet, grass, concrete pavement). On which surface does the car travel the furthest?	Listen to relaxing music.	Draw round your hand to make different animals.
Make a snack and write the instructions down for someone else to follow.	Go on a 2D shape hunt. What shapes can you find? Can you describe them?	Create a weather chart for the week. Think about the weather and temperature.	Search Supermovers on Google and join in with the video.	Put on some music and dance!
Wear your favourite outfit or costume. Ask a grown-up to close their eyes and describe what you are wearing.	Counting songs- Search on YouTube for number songs to 50 then extend to 100. You might even find some pattern songs counting in 2s, 5s and 10s.	Make toast with a grown-up. Describe the changes to the bread and butter. Can you write about what you found out?	Have a tea party with someone in your home.	What can you make out of playdough?
Play Simon Says with a grown-up.	Hide and find numbers in the house. What do you know about the numbers you have found? Are they even or odd? 1 less than- 10 more than-	Stand in your garden or open a window. What sounds can you hear?	Do some baking together with a grown-up.	Create a door sign for your bedroom.
Hide some letters around the room what words can you make? Repeat the activity with tricky words or your spellings.	Make a giant number line or a number line out of different objects. Challenge- Can you make a number track in patterns of 2, 5, 10?	Sort healthy and unhealthy food.	Role play how to look after a poorly teddy.	Use objects in your home to make a picture.
Write a character description about your favourite character.	Role play a shop. Can you be the shop keeper? Use money to buy things in your shop.	What sounds can you make using different body parts?	Draw a picture of a friend or family member. Write about what makes them special.	Sing your favourite song.