



FAQs

Parent and Carer Consultation- Relationships and Health Education (RHE)

As parents we know you will have questions and concerns you would like answered about RHE.

Please see below some frequently asked questions which should help to alleviate any concerns you may have and give you a better understanding of Relationships and Health Education.

Frequently Asked Questions

<p>Why are schools teaching RHE?</p>	<p>There has been a change in the law. It is a statutory requirement to teach Relationships and Health Education in all Primary schools and Infant schools in England as part of all children's education.</p>
<p>What is the purpose of teaching RHE?</p>	<p>All children are growing up in an extremely complex world both online and offline. This presents many positive opportunities, but also many challenges and risks. We have a duty of care and a responsibility to ensure that children understand how to stay safe and healthy and know how to manage their personal and social lives in a positive way. Safeguarding children is vitally important in today's society and RHE fundamentally supports this.</p>
<p>What is Relationships and Health Education?</p>	<p>Relationships Education teaches the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.</p> <p>This starts with children being taught about what a relationship is, what friendship is, what family means and who the people are who can support them.</p>

	<p>Health Education is teaching about physical health, healthy lifestyles and fitness, healthy eating and mental wellbeing.</p> <p>Children are taught how to take turns; how to treat each other with kindness, consideration, tolerance and respect, and the importance of honesty and truthfulness.</p>
<p>Is Sex Education going to be taught?</p>	<p>No. Sex Education will not be taught at William Austin Infant School. It is not statutory.</p>
<p>What materials and resources will be used by the school to teach RHE?</p>	<p>We will be using the Christopher Winter Project. It meets the PSHE Association quality standards. Luton Council also recommends it as it is a proven high quality resource. The materials and resources we will be using have been carefully explored and are age-appropriate for our children. We have adapted the Christopher Winter Project to suit the age, background and needs of our children. It fully reflects the values, vision and ethos of our school.</p> <p>As part of our consultation process with you we have made available all the materials and resources on our school website.</p>
<p>All the parents in my child's class feel the same as me. Shouldn't our concerns be reflected in what is taught?</p>	<p>The RHE curriculum fully supports the Luton Council values of embracing equality and diversity, cohesion and inclusion whilst showing respect for others.</p> <p>The guiding principles being that all of the compulsory subject content must be age-appropriate and developmentally appropriate. It must be taught sensitively and inclusively, with respect to the backgrounds and beliefs of pupils and parents, but always with the aim of providing pupils with the knowledge they need of the law, and the aim to prepare children to grow up as productive and happy citizens of modern Britain.</p>
<p>What about my faith and beliefs with regard to RHE?</p>	<p>RHE teaching will support all children from all backgrounds to build positive and safe relationships so they can grow up in modern Britain having tolerance and respect towards everyone.</p> <p>Relationships Education nurtures tolerance allowing children to grow up to be respectful of people who are different.</p> <p>The religious backgrounds and beliefs will be taken into consideration when teaching RHE so that the curriculum content is appropriate and taught in a sensitive manner.</p>

	<p>As a school we must comply with the Equality Act 2010 where religion or beliefs are protected characteristics.</p> <p>Under the provisions of the Equality Act, schools must not unlawfully discriminate against people and undermine any of the protected characteristics.</p>
<p>What training have staff received to teach RHE?</p>	<p>Teachers have had highly quality specialist training from the Local Authority to ensure RHE is delivered effectively and safely at our school. The RHE Lead Teacher will deliver any further training and induction to staff.</p> <p>Our RHE curriculum will be taught by the class teachers.</p>
<p>What happens if children ask personal/difficult questions?</p>	<p>Teachers will only answer questions in a sensitive and age-appropriate way relating to the planned curriculum. Questions may be referred to the parents if it is not appropriate to answer them in school.</p> <p>Teachers will ensure a safe environment for sensitive issues and teaching techniques such as class ground rules and distancing techniques. Distancing techniques help keep children emotionally safe when discussing sensitive issues.</p> <p>Good teaching practice ensures that RHE is taught without personal bias or opinion. Information given to the children is medically and scientifically factual, using the correct scientific names.</p>
<p>When will RHE be delivered and taught in school?</p>	<p>At William Austin Infant School we will be implementing and teaching the RHE curriculum from Summer 2nd half term 2021. Teachers will follow the Christopher Winter Project. There will be 3 lessons taught in Year R, Year 1 and Year 2.</p>
<p>Can I withdraw my child from RHE lessons?</p>	<p>You cannot withdraw your child from Relationships and Health Education because it is important that all children receive this content, covering topics such as friendships and how to stay safe.</p> <p>The Science curriculum in all maintained schools also includes content on human development, including reproduction, which there is no right to withdraw.</p>
<p>Where can I find all the RHE information and documents?</p>	<p>All the RHE information and documentation can be found on our school website. Go to the Parents tab on the Home page and then click on the Relationships and Health Education section.</p>