

A Typical Week in Year 1

		Session 1		Session 2	Session 3			Afternoon	
Monday	Morning Activities and Register	Maths	Assembly and playtime.	Phonics	English Reading	Lunch	Mindfulness and Maths Mastery	Foundation Subjects: <ul style="list-style-type: none"> ➤ Science ➤ Computing ➤ Humanities: R.E, History and Geography ➤ Arts: Art, Music and Design and Technology ➤ Handwriting ➤ Library ➤ PSHE ➤ Golden Time 	Story and Home time
Tuesday		Maths		Phonics	English				
Wednesday		Maths		Phonics	English				
Thursday		Maths		Phonics	English				
Friday		P.E		Phonics	English				